

- Times may be subject to change as there will be simulation sessions added throughout the summer.
- All skaters must have a completed registration form before stepping on the ice. All ice sessions should be paid by August 14th.
- All skaters and coaches must be registered with Skate Canada. Any coach that wishes to teach on the sessions must contact Charleen.
- Group sessions both on ice and off ice are included in full day/week package pricing. Attendance is mandatory.
- Private lessons are NOT included in the package price. ALL Skaters must be willing to book private lessons on sessions. These costs are the responsibility of the skater. Coaches will bill directly to the parents. If you need advice on budgeting lessons please don't hesitate to ask.
- FULL Day Camp activities are geared towards those under 13. There are opportunities for those over 13 looking to stay for full day (ie volunteering, junior leader, etc) See Charleen or Rachael for information.
- No PAIRS on Singles sessions, or Singles on PAIRS unless scheduled for a lesson by a coach.
- MON AUG 4th—HOLIDAY, No Off Ice, No Camp (Price Adjusted for Weekly/Daily Skaters)

There will be additional sessions July 2, 3 & 4. These will be sent out separately—there is NO CAMP that week. If you are looking for childcare see Rachael for Camp Westwood options.

NEW! Skate Sharpening Available at SMC! We now have a skate sharpening service—if you need your skates sharpened you are to leave them in the coaches room with the funds in cash or e-transferred to the club at smbcanskate@gmail.com Cost is \$15.

PAYMENT INFORMATION (NEW!)

ALL payments for summer programs are done through **St.Margaret's Centre** NOT the Skating Club.

Any questions please see Rachael, Stephanie or Charleen.

Please complete the fillable ONLINE form. Once received Stephanie & Rachael will create an invoice for you. You will be emailed a copy. This is so we can take ONLINE payments. Payments can be Visa /MC/Debit online OR in person, as well as cash/cheque. We now also accept ETRANSFER to payments@stmargaretscentre.ca

If you need help in determining which schedule your skater should be on ...please ask Charleen

St. Margaret's Centre (Camp Westwood)

**in PARTNERSHIP with
ST.MARGARET'S
BAY SKATING CLUB**

presents

SUMMER 2025

**Elite Figure Skating
TRAINING
PROGRAM**

7 Weeks

July 7th—August 22nd

Schedules are Monday to Thursday.

**Friday schedule is ICE ONLY
SCHEDULE unless you are in
camp. Simulation sessions will be
held throughout the summer on
various days of the week. These will
be posted and sign up is optional.
All off ice classes are mandatory.
There will also be various other
bonus specialized sessions
All questions please message
skatecoach@gmail.com**

TRAINING PROGRAM PACKAGES—Skaters are expected to participate in ALL sessions for their group.

JUNIOR Star 1—4	COMPETITIVE SINGLES A Pre Juvenile/Juvenile/Star 5+	COMPETITIVE SINGLES B Pre Novice/Novice SINGLES Competitors ONLY	COMPETITIVE PAIRS MORNING	COMPETITIVE PAIRS AFTERNOON
Schedule: 11:00—11:50 AM—ICE 12:00—12:30 PM— OFF ICE Full Day Schedule: <i>8:30 AM—Arrival</i> <i>8:30—10:30 AM—</i> <i>Camp Activities</i> <i>10:30 AM—SNACK</i> <i>11:00—11:50 AM— ICE</i> <i>12:00—12:30—OFF ICE</i> <i>12:30—1:00—LUNCH</i> <i>1:00—4:30 PM—</i> <i>Camp Activities</i> <i>4:30 PM—Pick Up</i> <i>Camp Activities Include: Gym</i> <i>Time, Crafts, Pool</i> <i>Early Drop Off / Late Pick Up</i> <i>Available</i>	Schedule: 8:00—8:50 AM ON ICE 9:00—9:50 AM— OFF ICE (Dance/Stretch/Jump) 10:10—11:00 AM—ON ICE 11:10—11:50 AM— OFF ICE (Cardio/Strength/Jump) <i>If Staying for Full Day:</i> 12:00—1:00 PM Lunch 1:00— 4:30 PM - Camp Activities 4:30 PM Pick Up Camp Activities Include: Gym Time, Crafts, Pool	Schedule: 9:00—9:50 AM— OFF ICE (Dance/Stretch/Jump) 10:10—11:00 AM—ON ICE 11:10—11:50 AM— OFF ICE (Cardio/Strength/ Jump) 12:00—12:50 PM— ON ICE <i>If Staying for Full Day:</i> 1:00— 4:30 PM - Camp Activities / Lunch 4:30 PM Pick Up Camp Activities Include: Gym Time, Crafts, Pool	Schedule: 8:00— 8:50 AM ON ICE SINGLES 9:00—10:00 AM — ON ICE PAIRS 10:10—10:50— OFF ICE (Dance/Stretch) 11:10—11:50 AM— OFF ICE (Cardio/Strength/Jump) LIFT CLASS TBD <i>Due to the number of pair</i> <i>teams at SMB we will be</i> <i>dividing the pair teams to</i> <i>allow for a better, safer</i> <i>training environment for</i> <i>the summer.</i> <i>You are welcome to request</i> <i>either AM or PM pair ses-</i> <i>sions but it is not guaran-</i> <i>teed and you could be as-</i> <i>signed to a session by</i> <i>coaches.</i>	Schedule: 10:10—11:00— ON ICE SINGLES 11:10—11:50 AM— OFF ICE (Cardio/Strength/Jump) 12:00—12:50 PM— OFF ICE (Dance/Stretch) 1:00—2:00 PM— ON ICE PAIRS 2:15—2:45 PM LIFT CLASS
COSTS: PER DAY with Camp = \$50 PER DAY NO Camp = \$35 PER WEEK with CAMP = \$200 FULL SUMMER NO CAMP : \$700 FULL SUMMER WITH Camp: \$950	PER SESSION = \$25 PRICE PER DAY = \$50 PRICE PER WEEK = \$200 FULL 7 WEEKS: \$1200	PRICE PER DAY = \$50 PRICE PER WEEK = \$200 FULL 7 WEEKS: \$1200	PRICE PER DAY = \$50 PRICE PER WEEK = \$200 FULL 7 WEEKS: \$1200	PRICE PER DAY = \$50 PRICE PER WEEK = \$200 FULL 7 WEEKS: \$1200

ATTENTION DOUBLE DISCIPLINE ATHLETES! (Those competing in both Pairs & Singles at PRE NOVICE & ABOVE) You will receive a customized schedule to accommodate training for both disciplines based on the level you are competing. See Charleen for